



JUNE 15
WORLD ELDER ABUSE
AWARENESS DAY



elderabuseawarenessday.org.au | #WEAAD

STIR A CUPPA WITH SENIORS

It's easier than ever to help spread awareness for WEAAD! Show your support this 15 June without even leaving your home by 'Stirring a Cuppa with Seniors'.

Hold your own **'Stir a Cuppa with Seniors'** event

1. Connect with colleagues, friends or family over a cuppa via Zoom or in your own home.
2. Everyone wears something **purple** or has something **purple** in the background – the official colour for WEAAD.
It could be purple flowers, purple wig, purple décor, purple backdrop, purple toys, purple face paint, purple anything!
3. Take a screenshot in Zoom, or snap a group photo of everyone **stirring their cuppa**.
4. Share your snaps on social media with the hashtag **#WEAAD** and your own personal message to show your support for seniors.

We'd love for you to share your **'Stir a Cuppa with Seniors'** snaps with us! Email them to info@seniorsrights.org.au

Snap a Selfie while **'Stirring a Cuppa with Seniors'**

It's as simple as snapping a selfie to show your support for seniors this WEAAD.

1. Make a cuppa (tea, coffee, or something else).
 2. Take a selfie with your cuppa and include something **purple** in the photo.
 3. Add the hashtag **#WEAAD**
 4. Share it to social media - it's that easy!
- » You could also dedicate your photo to someone special, eg.
*"Love you, Grandma! I'm **'stirring a cuppa with seniors'** to show my support for World Elder Abuse Awareness Day **#WEAAD** #bestgrandmaever".*
- » It doesn't have to be a selfie, it can be a snap of just your cuppa.

